Chicago, IL – February 7, 2012. The Filipino American Community Health Initiative of Chicago (FACHIC) is a participating agency in the Medicare Fraud Project led by the Coalition of Limited English Speaking Elderly in the Chicago area. FACHIC will be sharing a monthly Medicare fraud tip to seniors in English and Tagalog. Please feel free to share the tip widely.

February 2012 Illinois Senior Medicare Patrol Program

Medicare will only cover home health services (a nurse or therapist who comes to your home) if you are “homebound.” If you are “homebound,” you cannot leave your home on your own without some kind of assistance. Home health services include physical therapy, speech therapy, and skilled nursing services. Basic care services like bathing, help with getting dressed, cooking, cleaning, etc. are NOT skilled nursing services. If someone offers you “free” basic care services in your home, this is fraud – just say no! If you need home health services, contact your doctor. Your doctor must write a prescription for home health services before you receive them. Never accept home health services from anyone who comes to your door or calls you on the telephone, even if they tell you that your doctor sent them!

Pebrero 2012 Ang Programang Illinois Senior Medicare Patrol

Aakuin lang ng Medicare ang mga serbisyong pangkalusugan sa tahanan (isang nars o terapist na pupunta sa iyong tahanan) kung ikaw ay “homebound”. Kung ikaw ay “homebound,” hindi ka maka-alis ng bahay ng mag-isa na walang tulong ng ibang tao. Kasama sa serbisyong pangkalusugan sa tahanan ang pisikal na terapi, terapi sa pananalita, at serbisyo ng dalubhasang nars. Ang mga pangunahing serbisyo ng pangangalaga gaya ng pagpapaligo, pagtulong sa pagdadamit, pagluluto, paglilinis, atbp. ay HINDI serbisyo ng dalubhasang nars. Kung mayroong maghahandog sa'yo ng “libreng” pangunahing pangangalaga sa iyong tahanan, ito ay isang panlilinlang – tumanggi ka na lang! Kung nangangailangan ka ng serbisyong pangkalusugan sa tahanan , tawagan ang iyong duktor. Kailangan ng iyong duktor na sumulat ng riseta para sa serbisyong pangkalusugan sa tahanan bago ka tumanggap nito. Huwag kang tatanggap ng serbisyong pangkalusugan sa tahanan mula sa sinumang bibisita sa iyo o tatawag sa telepono, kahit na sabihin pa nila na sila ay pinadala ng iyong duktor!

The Filipino American Community Health Initiative of Chicago (FACHIC) is a collaborative of community, health professional, and academic leaders united to address Filipino health issues in the Chicago area. The mission of FACHIC is to increase awareness of Filipino health disparities and to implement health interventions and educational programming to improve the health status of the Filipino community. FACHIC is a 501(c)(3) Illinois nonprofit organization. All programs and services are free and available to all. For more information, visit http://www.fachic.org.

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